

Student's Name

Instructor's Name

Course Code:

Date:

Cultural Autobiography

Culture can be made up of so many different aspects of life and people. A reflection into cultural memoirs is primarily a deliberation of antiquity, including the past and current encounters. Review of our history can be achieved through autobiography research methods. Autobiography illustrates and examines personal encounters to be able to appreciate the cultural backgrounds and their influence on our life experiences. This autobiography will include information on cultural groups I identify with, my family's cultural background, the impacts of the cultural background on me, and a personal reflection.

Growing up as a black man has been a blessing as well as a challenge. I grew up in an extended family with both my parents and two younger sisters. I believe extended families are important in the bringing up of children, especially in the modern world. It provided me with a purpose to exist, essential commodities, and teaching necessary for any male in society to survive. I was able to go to college, which is one of my most outstanding achievements as a black man from Chicago. Being black is a challenge in most states in America, including my own home. The pressure started right from the parents who had to remind me all the time that Black Man's life in America always hung in the balance. I remember my mother telling me that if I don't start listening to her, I will get myself killed one day because the cops will only say stop once.

Christianity is the dominant religions in most parts of Chicago, with Catholics being part of the state's largest religious community. Being the third-largest city in America, many

racers reside in Chicago, contributing to its large population of nearly three million people. Therefore, Chicago is culturally diverse, with both the minority and majority groups.

My family is Christian. When you talk about Christians in Chicago, what comes to your mind is Catholic, and yes, we are Catholics. Such principles as having to be baptized or doing our first communions were obligatory. However, we are not so devoted per se. My parents made sure we did well in school and disciplined us the right way, so we did not need religion to differentiate a right from a wrong. My family also values loyalty, and this has helped them maintain the extended family structure. Our family institution has been very significant in our welfare and achievements both within the nuclear family and extended family. Individuals' status and roles are well defined in our family, with a few traditional values about gender roles maintained. When it came to family time, we were always together and doing things together.

Growing up, I was very fascinated by our African heritage. With my paternal and maternal grandparents being the first generation born African-Americans, my sisters and I were taught African traditions and heritage. Our parents instilled many significant African values in both of us. For instance, the sense of ensuring family comes first, loyalty, hard work, and hospitality. Over the years, we both also noticed the differences in how our family was compared to our friends. We conducted most holidays differently; due to the extended family, we had huge family dinners every Sunday, there was always so much food, friends were considered family. People enjoyed being at our home since our parents treated each of our friends like they were her child, and most significantly, family always came first.

Communication comes naturally in our family. My parents always established important communication lines to enable each family member to be heard and quickly solve conflicts. The most crucial virtue my mother instills in any child is active listening. She does not love the unnecessary repetition of instructions because you are watching a movie or

playing video games. Besides, some important tasks are often written down and pinned on the fridge or family diary for ease of communication. The parents are the highest of authority in the communication channel. However, this does not limit equality and free communication, as everyone can provide their views without discrimination.

Blacks in Chicago have remained noticeably absent from most sports. Luckily, I have been able to be part of the baseball team in my college, making it my second most significant achievement. African-American allegiance to baseball has been diminished over the years. The state has continuously been trying to encourage minorities to enter into white-dominated sports. Being an African-American in the "hood" perspective of sports is greatly valued. Every black American knows that "hood" sports are basketball and football. Being part of a sport and, more so, baseball has shaped my perspectives of life. I have realized that minorities can achieve their goals as much as the majority when there is no prejudice. Being part of a minority group and non-diverse upbringing still limits my access to various opportunities.

My cultural background has shaped my views about race, class, gender, ability, and sexuality. I have always valued my ethnicity while also respecting other races. Loving my racial background has enabled me to appreciate my origin or history, current background, and what I expect the future to be for any minority group without developing racial pride or stigma. My cultural background has made me realize that racial bias impacts the fair dissemination of wealth, authority, and opportunity and generates persisting class structure. Gender stratification is not a common thing among my African-American community because of the living standards in which everyone has to work hard to make a living irrespective of gender. Being part of baseball taught me that all human races could be successful in any area if there is no prejudice and stigmatization. Human sexuality is still a challenging discussion among most African-Americans, especially those who value religious views to sociobiological perspectives. However, being educated and less staunch Christian

has enabled me to respect every sexual orientation and belief. However, I believe in equality in gender roles and characters. I do not subscribe to masculinity and the gender gap in chores.

The message about equality and social stratification formed the primary teaching in early childhood. Growing up, we were taught that white man is our sworn enemy and that police are monsters. We were taught that involvement in groups that promote racial pride like Black Lives Matter could help lessen the effect of bias and racial discrimination. The pressure of being a man formed the fundamental driver of hard work because men were supposedly supposed to be superior to women or rather be able to provide for the family. My current belief is that the social experience of involvement in groups promotes a racial identity hence prejudice and discrimination. I believe social institutions like family and religion should change their teaching to enable children to grow up as different cultures and one identity as humans. My culture hindered me during my preschool time because of miss information. However, even if there are still a few racists in college, I believe my culture is not a limitation in achieving my goals.

My attitudes, feelings, and beliefs about different cultural groups are always positive. I love other cultural groups and regularly view them as one and not distinct. Biologically speaking, humans share almost 99% of the genome, and the variation in the genetic materials occurs widely between individuals and less between ethnic groups. Therefore, people should identify with their culture but still remember to recognize them as humans.

The ability to correctly address the conflicting cultural backgrounds and prejudice will influence my ability to be a culturally influential person. How I will relate to people from different cultures in sports and professional life in a culturally sensitive way is just the beginning of appreciating diversity. Career-wise, the simplest way to connect with my future clients of different socioeconomic backgrounds and races will rely on listening and enabling myself to be open to learning new information without discrimination.

Work Cited

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